

AR-SANE

Newsletter

August 2023

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Diversity Equity Inclusion

enculturation: “the process by which individuals learn and adopt the ways and manners of their culture”; emphasizes socialization to, or maintenance of, one’s culture of ethnic or familial ethnic origin

There’s no one answer, instead being humble enough to ask how your friend or patient or colleagues want to be identified, and be bold enough to advocate for them. For example:

Black vs African American vs Person or
People of Color

Native vs American Indian vs Indigenous
Queer vs Lesbian vs part of The Family

ally/allies: people who recognize the unearned privilege they receive from society’s patterns of injustice and take responsibility for changing these patterns. Being an ally is more than being sympathetic and feeling bad for those who experience discrimination. An ally is willing to act with, and for, others in pursuit of ending oppression and creating equality. Real allies are willing to step out of their comfort zones. Those who decide to undertake the ally role must recognize and understand the power and privileges that one receives, accepts, and experiences and they use that position to act for justice (Akbar, 2020).



Allies in the Field

School Nursing + Medical Forensic cases

Frontlines for Recognizing and Responding

- Child Sexual Abuse
- Human Trafficking
- Dynamics of Domestic Violence
- Suicidal & Behavioral screening

The Goal

"collectively work together for education, support, and further opportunities to assist the school nurse in identifying and responding to the school-age child being exposed to violence"

Jennifer Johnson, President of AFN

AR HB1447
To Amend The
Mechanism By
Which School
Nurses Are
Compensated

Walking Wise

Combating Sexual Exploitation through Education

Use the link above, find out more about collaborating with school nurses on prevention through education



Ashley Connors
BSN, RN, SANE-A

Noteworthy Forensic Nurses in the Natural State



Ashley Connors is a Registered Nurse currently working as the Assistant Director with the University of Arkansas for Medical Sciences (UAMS) Institute for Digital Health and Innovation Digital Health Sexual Assault Assessment Program. She began her nursing career in 2015 as part of UAMS's first Intensive Care Unit Nurse Residency program in the Trauma/Surgery Intensive Care Unit.

In 2017, Ashley began working in the UAMS Emergency Department, where she found her passion working with critically ill patients needing immediate, high quality care. This is also where she was introduced to caring for sexual assault victims. Ashley received her Bachelor of Science in Nursing from UAMS. Ashley is a native of Little Rock, Arkansas and looks forward to bringing awareness to sexual assault in the urban setting and in the black community.

I'm a Director at Large for AFNA. I have been a RN for 16 years and a SANE for 10! My nursing career began as a CNA back when I found myself being a young single mom needing a steady career. I quickly found that I have a love for nursing and I got my ADN and then BSN, shortly after. I was told about forensic nursing from a close friend and coworker and quickly started taking calls for the Crisis Intervention Center. I then took over the role of coordinator when she left the field and have been blessed to work with some of the most amazing nurses in the River Valley.

Through serving on the board of AFNA, I have learned that I have a huge passion for forensics outside of SANE. I am extremely interested in Death Investigation and I am beyond excited to be part of the movement to see nurses play more of a role in the state of Arkansas!



Board Member Spotlight!

Sarah Thompson
Director at Large

News You Can Use

UPDATE, TIPS, AND HINTS FROM THE ASCL



Needing more SA kits:
A medical facility can request additional SA kits by contacting the ASCL. Please contact them before reaching a critically low quantity to allow for possible lags in shipping time.

Contact info: Contact ASCL at **501-683-6100** to request SA kits.

Unable to draw blood?
After collecting all other samples in the kit, have the patient orally rinse with water and/or brush their teeth, if possible. Collect buccal swabs. You can either cross out “Known Blood Sample” on the provided envelope and write in “Buccal Swabs” to use that envelope, or label a separate one for this purpose.

Swabs:

Do I need to use a swab dryer?

No. The ASCL asks that swabs be air-dried when possible before repackaging. If you use a swab dryer, guard against cross-contamination between swabs.

Do swabs need to be 100% dry before I package them?

No-as long as they are packaged in breathable paper-
NOT plastic.

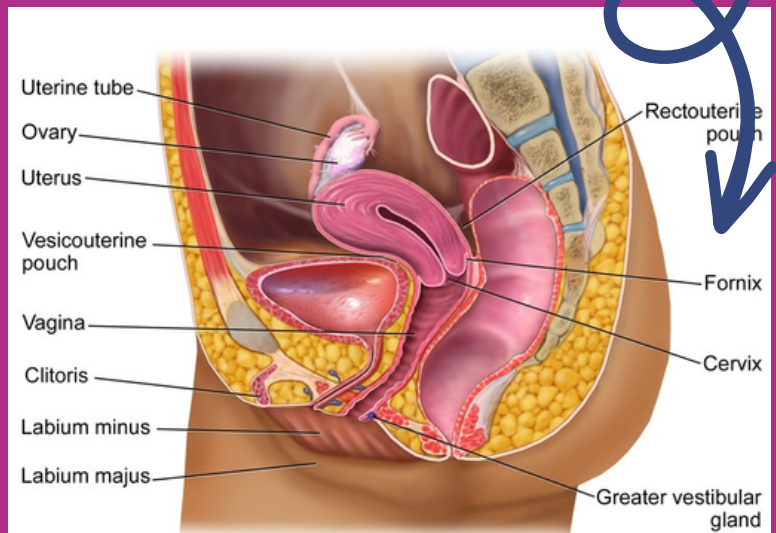
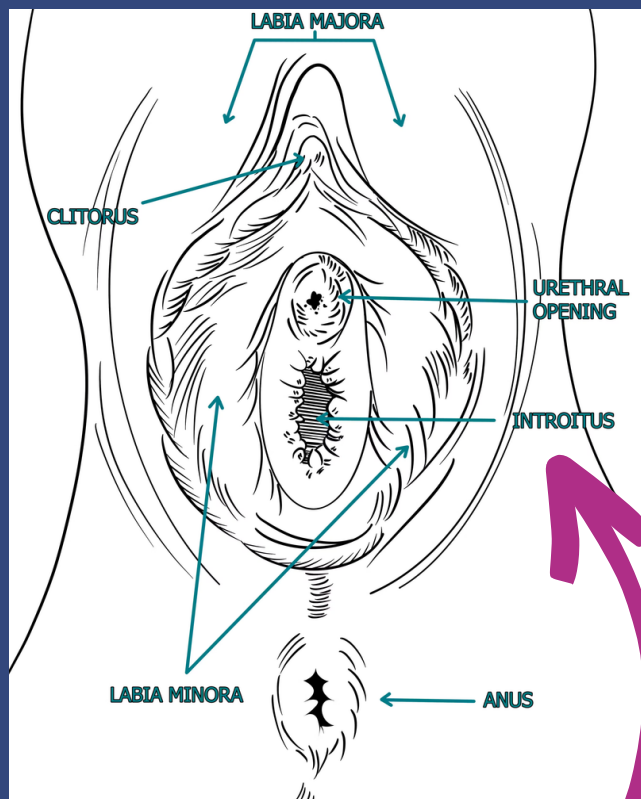
Do I need to put swabs back in the sleeves they come in?

No. Placing them loosely inside the provided envelopes is perfectly fine.

FORNIX VERGE INTROITUS OH MY!

Our Wonderful
World of Words

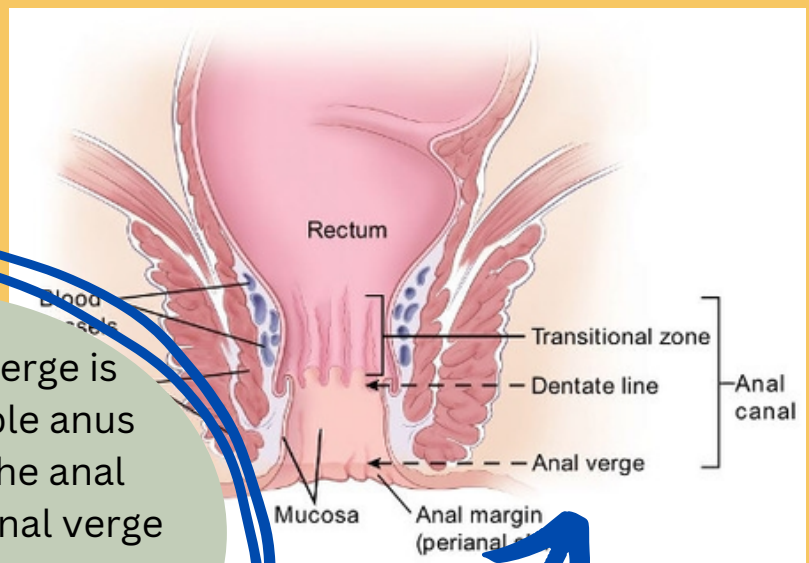
The vaginal fornix is the recess that is formed between the margin of the cervix and the vaginal wall. Normally, it is collapsed, so that the anterior wall is touching the posterior wall. With a vaginal speculum, clinicians can see the inferior end of the cervix, the vaginal fornices, and the external os.



The Female Reproductive System

Vaginal introitus -
An introitus is any
kind of opening or
entrance

Distally, the anal verge is
defined by the visible anus
and its entry into the anal
canal. Between the anal verge
and the anorectal ring are two
other landmarks: the
intersphincteric groove and
the dentate line





Nominate a
nurse for
AFNA Award
2023!

AFNA
Engage!



*We want
to hear
from you!*

Want to jump on
in and get
involved?
Here's an
interest form.

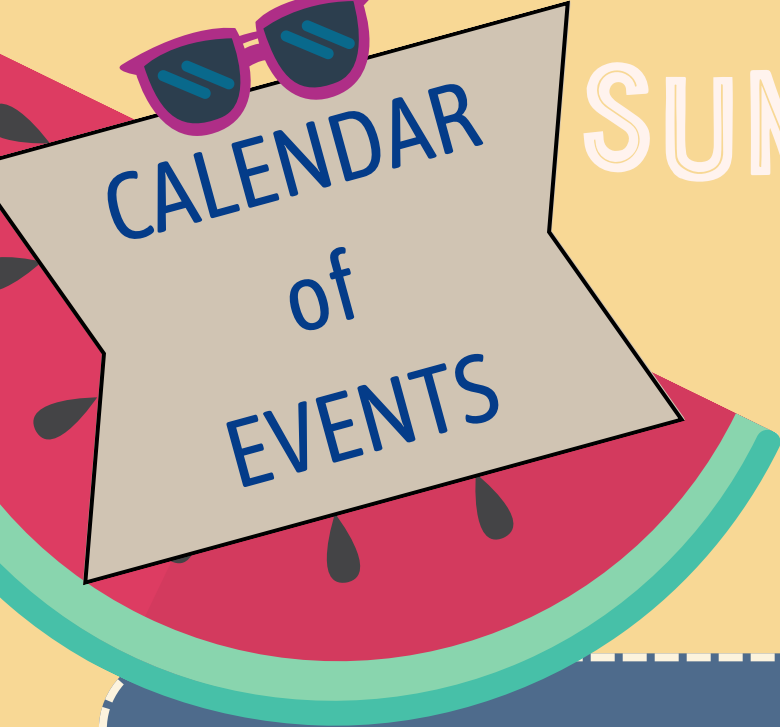
Would you love to
propose a
presentation for
AFNA?
Submit it here!



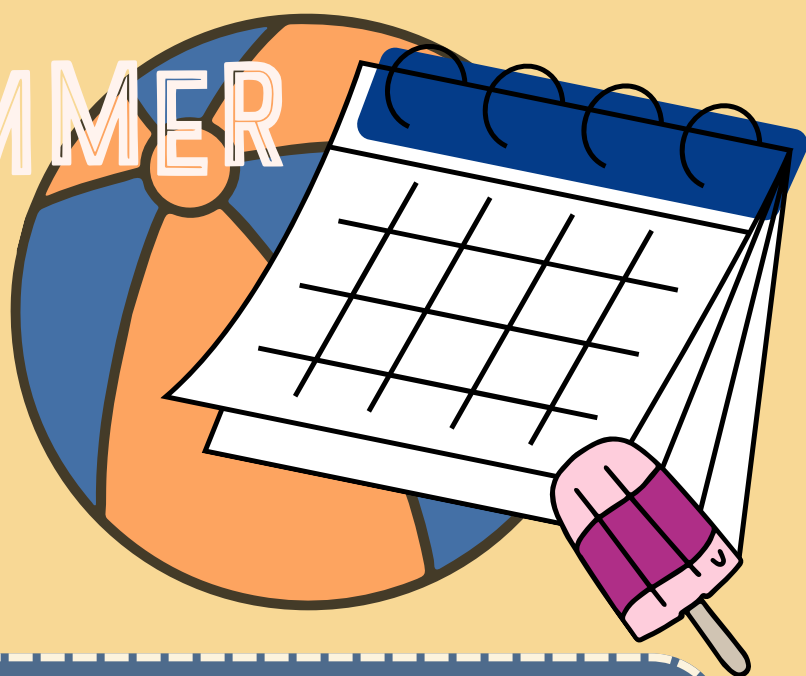
Have something to say?
We'd love to hear about your ideas,
comments, concerns, questions, and
opinions!

Text or email Lauren Wegener!
lwegener27@gmail.com
870-307-2120





SUMMER



August 16th
September 14
October 9 & 10
October 12
November 6 & 7
November 9

FN & DI virtual workshop
SANE ECHO
CSL - UAMS
SANE ECHO
AFNA CONFERENCE!!!
SANE ECHO



**"YOU'RE ONLY GIVEN A LITTLE
SPARK OF MADNESS. YOU
MUSTN'T LOSE IT."**

- ROBIN WILLIAMS



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